

Course Outline

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| School Name: | KEEWAYTINOOK INTERNET HIGH SCHOOL |
| Department Name: | Social Sciences and Humanities |
| Ministry of Education Course Title: | Exploring Family Studies |
| Grade Level: | 9 |
| Ministry Course Code: | HIF10 |

Teacher's Name: Krystyna Villanueva-Gruszecka

Developed by: Angela Batsford-Mermans Date: September 2015

Revision Date: September 2019

Developed from: The Ontario Curriculum, Grade 9 to 12 Social Sciences and Humanities, 2013

Text: None

Prerequisite: None

Credits: One

Length: 110 hours

Principal's Name: Angela Batsford-Mermans

Principal's Approval: 

Approval Date: September 5, 2019

Course Description/Rationale

This course explores, within the context of families, some of the fundamental challenges people face: how to meet basic needs, how to relate to others, how to manage resources, and how to become responsible members of society. Students will explore adolescent development and will have opportunities to develop interpersonal, decision-making, and practical skills related to daily life. They will learn about the diverse ways in which families function in Canada and will use research skills as they explore topics related to individual and family needs and resources.

Overall Curriculum Expectations

Research and Inquiry Skills

- Explore topics related to individual and family needs and resources, and formulate questions to guide their research;
- Create research plans, and locate and select information relevant to their chosen topics, using appropriate research and inquiry methods;
- Assess, record, analyse, and synthesize information gathered through research and inquiry;
- Communicate the results of their research and inquiry clearly and effectively, and reflect on and evaluate their research, inquiry, and communication skills.

Self and Others

- Describe important changes that are associated with adolescent development, and explain their influence on the behaviour and needs of young people;
- Demonstrate an understanding of various types of relationships and of skills and strategies for developing and maintaining healthy relationships;
- Describe lifestyles in diverse families and the impact of a range of factors including social and cultural, on these lifestyles.

Daily Living Skills

- Demonstrate the ability to apply decision-making and problem-solving strategies and skills, particularly within a family context;
- Demonstrate an understanding of strategies and skills that can be used to manage resources to meet the needs of the family and its individual members;
- Demonstrate an understanding of practical skills and knowledge needed to safely and effectively perform day-to-day tasks that help meet their needs and those of the family.

Exercising Responsibilities

- Demonstrate an understanding of their responsibilities related to their personal well-being and that of their family, and of how they can maintain their health and well-being;
- Describe the functions and responsibilities of families and the diverse ways in which families fulfill them;
- Describe and demonstrate responsible consumer practices.

Course Content

| Unit | Length |
|------------------------------|------------------|
| 1. Self and Others | 32 hours |
| 2. Daily Living Skills | 45 hours |
| 3. Exercising Responsibility | 33 hours |
| Total | 110 hours |

Unit Descriptions

Unit 1 – Self and Others

In this unit, students will learn about adolescents and how they relate to others. They will also explore the lifestyles in diverse families and the impact that various factors, such as cultural or social factors, can have on these lifestyles.

Unit 2 – Daily Living Skills

In this unit, students are moving on to explore the skills that an individual would need to meet the daily needs of a family. Students will begin by developing strategies related to decision making and problem-solving. Next, students will explore strategies for managing resources and apply these skills to managing daily schedules, purchasing food, and budgeting money. At the end of the unit, students will apply practical skills related to daily living, such as maintaining a clean and safe home, to their personal lives.

Unit 3 – Exercising Responsibility

In this unit, students will be exploring responsibility as an individual, within a family, and as a consumer. Students will develop strategies to maintain their health and well-being, as well as learn about their responsibility as an individual in a family. They will also reflect on the functions of a family and how families fulfill these responsibilities. Lastly, students will develop strategies for making responsible purchases and decisions, and apply these strategies, such as comparison shopping, checking warranties, and household purchases.

Teaching/Learning Strategies

This course is organized into an eight-week series of lessons and activities that will be presented to students in remote northern communities via the internet. The eighth week will be used for course consolidation, review, and the final examination. Teacher and students will communicate over the internet, while mentors in the classrooms will assume the role of liaison between the teacher and student.

A variety of strategies will be used in the online delivery of this course. Some instructional strategies include:

- Direct instruction (online lecture);
- Graphic organizers and mindmaps;
- Audio recordings (to listen and create);
- Discussion via forums;
- Cooperative learning;
- Guided-learning;
- Case studies;
- Independent research.

Learning goals will be discussed at the beginning of each assignment and success criteria will be provided to students. The success criteria are used to develop the assessment tools in this course, including rubrics and checklists.

Evaluation

The final grade will be determined as follows (Ontario Ministry of Education, 2010):

- Seventy per cent of the grade will be based on evaluation conducted throughout the course. This portion of the grade should reflect the student's most consistent level of achievement throughout the course, although special consideration should be given to more recent evidence of achievement.
- Thirty per cent of the grade will be based on a final evaluation administered at or towards the end of the course. This evaluation will be based on evidence from one or a combination of the following: an examination, a performance, an essay, and/or another method of evaluation suitable to the course content. The final evaluation allows the student an opportunity to demonstrate comprehensive achievement of the overall expectations for the course (p. 47).

Ontario Ministry of Education. (2010). *Growing success: Assessment, evaluation and reporting in Ontario schools*. Toronto ON: Queen's Printer for Ontario.

| Type of Assessment | Category | Details | Weighting (%) |
|------------------------|----------------------------|---|---------------|
| Term Work (70%) | Knowledge/ Understanding | Organize and follow a daily schedule Learn about healthy personal traits and skills such as growth mindset Learn about verbal and nonverbal forms of communication Identify the characteristics of growth and development in adolescence and explain their influence on behaviour and needs of adolescents Learn about different types of families and various family functions Learn about practical life skills such as financial literacy | 13 |
| | Thinking | Reflect and make connections about concepts listed above Set personal goals | 19 |
| | Communication | Literacy skills (ability to communicate effectively) Create a community resource pamphlet | 19 |
| | Application | Prepare a meal plan with a budget for a family Demonstrate conflict resolution skills Use the internet to conduct research Create an advertisement for a particular produce | 19 |
| Final Evaluation (30%) | Culminating Activity (30%) | Knowledge/Understanding | 3 |
| | | Thinking | 4 |
| | | Communication | 4 |
| | | Application | 4 |
| | | Knowledge/Understanding | 3 |
| | | Thinking | 4 |
| | | Communication | 4 |
| | | Application | 4 |
| | | TOTAL | 100 |

Assessment/Evaluation Strategies

A variety of assessment and evaluation methods, strategies and tools are required as appropriate to the expectation being assessed. These include diagnostic, formative, and summative within the course and within each unit.

Assessment *for* learning and assessment *as* learning is obtained through a variety of means, including the following:

- Ongoing descriptive feedback (e.g., descriptive feedback on students' online submissions and opinion essay);
- Self-assessment (e.g., weekly self-assessment of learning through checklists);
- Peer assessment (e.g. peer feedback on plans, budgets, and goals);
- Mentor observations;
- Formative student products (e.g., opinion essay, research project);
- Conversations with students on a regular basis to obtain observations, ask questions, and clarify understanding (both synchronous and asynchronous)

Evidence of student achievement (assessment *of* learning) is collected from various sources, including the following:

- Ongoing observation of most consistent work, with consideration given to most recent work
- Conversations with students
- Summative student products (summative unit activities, culminating activity, and exam)

Resources

Canada's Food Guide. (2019). *Canada's dietary guidelines for health professionals and policy makers*. Retrieved from <https://food-guide.canada.ca/static/assets/pdf/CDG-EN-2018.pdf>

Canada's Food Guide. (2019). Retrieved from <https://food-guide.canada.ca/en/>

Consumer Reports. (2017). Retrieved from <http://www.consumerreports.org>

Canadian Safety Council. (2017). Retrieved from <https://canadasafetycouncil.org/home>

Health Canada. (2017). *Health Canada*. Retrieved from <https://www.canada.ca/en/health-canada.html>

Koostachin, Kathleen. (2018, October). Personal interview.

OFSHEEA. (2017). *Ontario Family Studies Home Economics Educators' Association*. Retrieved from <http://www.ofsheea.ca/>

Ontario Ministry of Children and Youth Services. (2017). *Everyone together: A community approach for supporting First Nations Students Nutrition Programs*. Toronto, ON: Queen's Printer for Ontario.

Ontario Ministry of Children and Youth Services. (2017). *Everyone together: First Nations student nutrition programs – Quick reference guide*. Toronto, ON: Queen's Printer for Ontario.

Ontario Ministry of Education. (2010). *Growing success: Assessment, evaluation and reporting in Ontario schools*. Toronto, ON: Queen's Printer for Ontario.

- Ontario Ministry of Education. (2017). *Indigenous education strategy*. Retrieved from <http://www.edu.gov.on.ca/eng/aboriginal/>
- Ontario Ministry of Education. (2016). *Ontario Schools, Kindergarten to Grade 12: Policy and Program Requirements*. Retrieved from <http://edu.gov.on.ca/eng/document/policy/os/index.html>
- Ontario Ministry of Education. (2013). *The Ontario curriculum, grades 9 to 12, Social sciences and humanities*. Toronto, ON: Queen's Printer for Ontario.
- OSSTF. (n.d) *Managing Conflict*. Toronto: OFFTF.
- Partnership for Food Safety Education. (2017). Retrieved from <http://www.fightbac.org/>
- Shoonmaker, B.F. (1996). *Growing Up Caring: Exploring Values & Decision Making*. McGraw-Hill Companies.
- Thompson, P.J., & Jax, J. A. (1998). *Exploring Life Skills*. EMC Paradigm Publishing.

Program Planning

This course is offered to Indigenous students living in isolated northern Ontario communities which do not have access to regular high school facilities, equipment, or teachers associated with secondary education. This course uses the internet for instruction, demonstration, and research. It utilizes a student-centered semi-virtual classroom which capitalizes on the strengths of internet program delivery to minimize the disadvantages of geographic remoteness.

Students are presented with 1320 minutes of instruction/activity via the internet over the period of one week. All lessons, assignments, questions, and course material is presented in this manner, with approved print materials available as a student resource in each classroom. The student and instructor communicate via the internet, while a classroom mentor (a fully qualified teacher) assists students in completing tasks in a timely manner and provides tutoring as required. Students may also receive support from various programs at KiHS, including the First Nation Student Success Program and the Special Education Program.

Indigenous and local content is used throughout the course to meet students' learning needs. Considerations are made to the learning preferences of the student population and lessons can be adjusted for individual students as required.